

DISTRICT HEALTH PROFILE GILGIT

Who Health Facilities Standards

	WHO Standard per 10,000 Population
Beds	25
Health Facilities	2
Health workforce	23

Source: WHO

Health Indicators of Gilgit Baltistan

Indicators	Percentage
Total Fertility rate (Number of Children per woman)	3.8
Median age at first marriage for women age 25–49 (years)	17.7
Median age at first birth for women age 25–49 (years)	21.2
Women age 15–19 who are mothers or currently pregnant	7
Currently married women age 15-49 who want no more children	51
Family Planning by any Method	34
Family Planning by Modern Method	28
Currently married women with an unmet need for family planning	21
Pregnant women who received antenatal care from a skilled provider	64
Births assisted by a skilled provider	44
Births delivered in a health facility	43
Children 12–23 months fully vaccinated	47
Children under 5 years who are stunted (moderate or severe)	36
Children under 5 years who are wasted (moderate or severe)	8
Children under 5 years who are underweight	13
Women 15-49 who are overweight or obese	15
Infant mortality (Deaths per 1000 live births)	71
Under five mortality (Deaths per 1000 live births)	89

Source : 2012 -13 Demographic and Health Survey Key Findings

Maternal Health Indicators of Gilgit Baltistan

The table below indicates the Health Indicators of Gilgit district as given by Pakistan Demographic and Health Survey in 2012- 2013

Gilgit Baltistan	Percentage
Percentage with antenatal care from a skilled provider	64.0
Percentage whose last live birth was protected against neonatal tetanus	51.8
Number of women	56
Percentage delivered by a skilled provider	43.7
Percentage delivered in a health facility	42.6
Number of Births	87

Source: Pakistan Demographic and Health Survey 2012 - 2013

Indicators on Hiv/ Aids Related Knowledge in Gilgit Baltistan

The table below illustrate the number of Men and women age 15 - 49 years having knowledge regarding Aids and how to avoid it.

Indicator	Percentage
Using condoms (women/men)	14/30
Limiting sexual intercourse to one uninfected partner (women/men)	20/48
Knows HIV can be transmitted by breastfeeding (women/men)	18/36
Knows risk of MTCT can be reduced by mother taking special drugs during pregnancy (women/men)	9/20
Knows where to get an HIV test (women/men)	8/30

Source : 2012 -13 Demographic and Health Survey Key Findings

Gilgit Public Health Facilities

Facilities	Number of Health Facilities
Combined Military Hospitals	2
District Headquarters Hospitals	5
Civil Hospitals	21
Rural Health Centres	2
Basic Health Units	17
Dispensaries	118

Facilities	Number of Health Facilities
First Aid Posts	133
MNCH Centres	91
TB Leprosy Centres	20

Data source: Health Secretariat 2011

Gilgit Baltistan Public and Private Health Facilities - According to the data collected by ALHASAN Systems (Pvt) Ltd in the year 2014, The table below illustrates the total number of Health Facilities in District Gilgit are 98.

Category	Government	Private	Grand Total
BASIC HEALTH UNIT	1		1
CHILDREN HOSPITAL	1		1
DENTAL CLINIC		2	2
DISPENSARY	4		4
DISTRICT HEADQUARTER HOSPITAL	1		1
GENERAL HOSPITALS	7	6	13
GENERAL PHYSICIAN		15	15
HOMEOPATHIC		3	3
MEDICAL STORES		53	53
OPTICS		1	1
SPECIALIST		3	3
VETERINARY		1	1
Grand Total	14	84	98

Source: Al- Hassan